

Activities for Adults

ASU to YOU: Coffee, Conversation, & the Arts

How do the fine arts such as music, art, dance and theatre impact society? How do society's characteristics such as religion, culture and ethnicity impact the arts? The dynamic dialogue between arts and the society in which they exist and evolve is explored in a free series of guided discussions presented by The ASU College of Liberal Arts & Sciences, The Katherine K. Herberger College of Fine Arts, City of Tempe Cultural Services and Friends of the Tempe Public Library.

Retro-Journey through the Interactive Gateway

Presented by Mila Parrish,
Herberger College Professor of Dance
Tuesday, March 9, 2004
6:30 - 8 PM
TLC Classroom, Tempe Public Library
3500 South Rural Road

Interactive Gateway is an ongoing research project that immerses high school students in the complex and controversial time period of the Sixties. The vehicle is an interactive, online curriculum that unites social, historical and artistic events and ideas with improvisation and dance-making. Take a retro journey with us to see, discuss and experience this dynamic decade. Programs are **FREE** to the public. Information: 480-965-6536

Tempe Poetry in April 480-350-5287

Tuesdays, 7pm
Join us for the 4th season of Tempe Poetry in April! Come celebrate National Poetry Month with a series of poetry readings. The sessions include an author's reading and discussion moderated by poet Catherine Hammond. Admission is free and open to the public. Location: Tempe Public Library Lower Level Program Room, 3500 S. Rural Road.
April 6, 2004 Kade Twist
April 13, 2004 Marianne Botos
April 20, 200 Robert Longoni
April 27, 2004 Cynthia Hogue

Ceramics Classes & Open Studio 480-350-5287

For materials list, visit www.tempe.gov/arts/

Classes-Participants & Observation:

- Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.

Pottery Club-Enjoy a leisurely morning of hand building and throwing on the wheel. All skill levels welcome to attend this self-paced class. Instruction is provided. Bring Cone 10 clay and tools to first class. No class 3/31. Fee: \$49.

APCA-1B Adult W 3/24-5/12 9am-Noon VIHEL

Ceramics I-Beginning pottery class that focuses on basic hand building, throwing and glazing techniques. Bring Cone 10 clay and small tools to the first class. Fee: \$72.

ACEA-1B Adult T 3/23-5/11 6:30-9:30pm VIHEL

Ceramics II-Pre-requisite: Ceramics I. A combination of throwing and hand building class for continuing students. Explore surface decoration and glazing techniques. Students select projects with instructor approval. Bring Cone 10 clay and small tools to the first class. Fee: \$72.

ACEA-2B Adult Th 3/25-5/13 6:30-9:30pm VIHEL

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Holiday: March 31; **Make up:** May 17-22. See page 2 for Code of Location Abbreviations.



Throwing I-Pre-requisite: Ceramics I. This class is designed to introduce skills for the potter's wheel through a series of structured drills and projects. Activities also include glazing. Bring Cone 10 clay and tools to first class. Fee: \$72.

ACEA-3B Adult M 3/22-5/10 6:30-9:30pm VIHEL

Throwing II-Pre-requisite: Throwing I. Class focus is the creation of a variety of styles and shapes as well as an exploration of glazing techniques. Also, self-directed projects with instructor approval. Bring Cone 10 clay and tools to first class. No class 3/31. Fee: \$63.

ACEA-4B Adult W 3/24-5/12 6:30-9:30pm VIHEL

Ceramics Open Studio-PREVIOUS EXPERIENCE REQUIRED. For safety, only experienced participants are eligible. Must be currently enrolled in a City of Tempe ceramics class, or have completed a Tempe ceramics class within the last year. No instruction provided. Glazes, electric wheel and firing are provided for pieces created during Open Studio. No class 3/31. Fee: \$42.

AOSA-1B Adult W 3/24-5/12 3-6pm VIHEL

Visual Arts

Basic Beading Class 480-350-5201-Participants will learn about the tools and materials they need to make their own basic jewelry, as well as how to finish it off with crimps and clasps. Each student will be able to make and keep a necklace and a pair of earrings. All materials provided. Fee: \$27.

KBBC-1B 18yrs+ M 5/10 5:30-8pm KRC

Drawing & Sketching-Basic course designed for all skill levels that focuses on various techniques and media, with an emphasis on learning "to see." For materials list, visit www.tempe.gov/arts/. Cost of materials approximately \$15. Bring pencils, paper and eraser to first class. Fee: \$32.

ADSA-1B Adult M 3/22-5/10 7-9pm VIHEL

Henna - The Art of Mendi-480-350-5201-Learn the ancient art of Mendi or Henna. Learn how to make homemade henna and learn techniques to make beautiful traditional and tattoo looking henna designs. \$10 supply fee due to instructor at beginning of class. Wear comfortable clothing. Fee: \$14.

KHEN-1B 16yrs+ W 4/7 7-8pm KRC

Jewelry I-A course for beginners. No previous experience necessary. Learn how to use a jeweler's saw and file and finish metal with silver solder. Work with silver, copper and brass in sheet and wire form. Supply costs vary depending on materials and hand tools needed. For material list, visit www.tempe.gov/arts/. Safety glasses are required and must be brought to the first class.

AMTA-1B Adult Th 3/25-5/13 6:30-8:50pm \$56 PAC

AMTA-2B Adult Sa 3/27-5/15 1-3:50pm \$49 PAC

No class 5/15/04.

Jewelry II-Jewelry I or equivalent experience necessary. This is a studio-oriented course with some advanced techniques demonstrated: stone setting, fabrication and surface embellishment. Use this time to finish pieces already started or to create new ones.

AMTA-3B Adult M 3/22-5/10 6:30-8:50pm \$56 PAC

AMTA-4B Adult Sa 3/27-5/15 9-11:50am \$49 PAC

No class 5/15/04.

Jewelry Studio-PREVIOUS EXPERIENCE REQUIRED. For safety, only experienced participants are eligible. Must be currently enrolled in a City of Tempe jewelry class, or have completed a Tempe jewelry class within the last year. No instruction provided. Fee: \$48.

AMTA-5B Adult T 3/23-5/11 6:30-8:50pm PAC

Oil & Acrylic Painting-Basic course emphasizing composition, color theory, techniques and subject matter. Estimated cost of materials is \$75. For materials list, visit www.tempe.gov/arts/. Bring materials you currently have to first class. Fee: \$36.

AOAA-1B Adult T 3/23-5/11 6:30-9:30pm VIHEL

Watercolor Painting-Emphasis is on technique and subject matter. For the beginning and intermediate student. Estimated cost of materials is \$40 depending on projects selected. For materials list, visit www.tempe.gov/arts/. Bring materials you currently have to first class. No class 3/31. Fee: \$28.

APWA-1B Adult W 3/24-5/12 7-9pm VIHEL

Sewing - Fabric Bowl 480-350-5201-Learn the art of making a beautiful and unique bowl out of fabric. Bring sewing machine to class (sewing machine needs a zig zag stitch or a darning foot for this class). View Supply list at www.tempe.gov/pkrec/krc. Fee: \$27.

KSEW-1B 18yrs+ Th 5/6 6:30-9pm KRC

Sewing - Baby Blanket in a Bag 480-350-5201-Make an easy baby quilt that you can throw into it's own attached bag. Great for a baby gift or to keep and use for yourself. Bring Sewing machine to class. View Supply list at www.tempe.gov/pkrec/krc. Fee: \$38.

KSEW-2B 18yrs+ Sa 4/3-4/10 10-12:30pm KRC



Beginning Wire Wrapped Jewelry 480-350-5201-Participants will learn about the tools, materials and strategies necessary to make basic wire-wrapped jewelry. Each student will be able to make and keep a wire-wrapped bracelet or anklet. All materials provided. Fee: \$27.

KWWJ-1B 18yrs+ Sa 3/27 10am-12:30pm KRC

↓ Activities for Adults

Visual Arts

Wire Wrap Home Crafts-480-350-5201-Learn how to wire wrap silverware, bottles, candles, etc. Instructor will teach about basic tools and techniques so you can let your imagination run wild! Great for gifts. Bring plenty of your own items to wrap! Beads, wire and tools provided. Fee: \$22.

KWWC-1B 18yrs+ F 4/2 9-11am KRC

Wire Ring Class-480-350-5201-Learn how to make several varieties of rings out of wire! Beads, wire and tools provided. Previous wire experience recommended. Fee: \$22.

KWWR-1B 18yrs+ W 4/14 6-8pm KRC

Wedding Floral Design-This three-week workshop will cover the creation of boutonnieres, bouquets, centerpiece arrangements and other ceremony decor. Make your wedding special! Class participants will bring their own materials to work on projects in the second and third weeks. Fee: \$18.

ABFA-1B Adult Th 4/8-4/22 7-9 pm NSA

Woodcarving-480-350-5201-Learn the art of woodcarving while expressing your creativity and having fun. Create 2-3 different projects during this 5-week course. Bring carving tools or students can purchase a carving knife from the instructor for \$12. Fee: \$39.

KWC1-1B 18yrs+ M 3/22-4/19 6-9pm KRC

Creative and Performing Arts 480-350-5287

Writing and Photography for Publication-Have you considered non-fiction writing for fun, or for profit? This course explains how to get started and why basic photography skills could sell your work. Improve your writing and photography skills while learning about digital and film photography, publication requirements, marketing, equipment and resources. Meet other writers too! Fee: \$32.

CWPA-1B Adult Th 3/25-5/13 6:30-8:30pm VIHEL

Improv for Everyone-Learn the basics of unscripted performance and have fun through improv games, storytelling and scene work. Stretch your imagination and enhance your teamwork skills-you may become a more interesting and interested person! No improv or acting experience necessary. Fee: \$22.

CAIA-1B Adult Tu 3/23-5/11 7-8:30pm VIHEL

Dance & Music

Elements Piano Keyboard Program, Level 1 480-350-5200-Learn keyboard skills on real songs you know and love-Beethoven, Bach, Broadway hits, Sinatra and Streisand. This program uses visual tools that show students how music works: Level 1: Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive "chordometer." You will be playing a favorite song after just one lesson. Level 2: Learn to read music on the bass clef in grand staff format. After completing both levels you will be able to buy a piece of sheet music, read the notes and play! Keyboards are provided to each student for classroom use; all music materials included. For information call Elements Music 623-933-0681. Fee: \$110

MKBY-9B- 13yrs-Adult Th 3/25-5/13 6-7pm PAC
MKBY-10B 13yrs-Adult Sa 3/27-5/15 3:30-4:30pm CRC

Elements Piano Keyboard Program, Level 2 480-350-5200-Students must have completed level 1.

MKBY11B- 13yrs-Adult Th 3/25-5/13 7:15-8:15pm PAC

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Ballroom Dance Sampler I-Come foxtrot gracefully around the floor to Big Band music. Glide smoothly to waltz music, learn the romantic rhumba, merengue and more. Register with a partner. Fee: \$27 per person.

DSAA-1B Adult M 3/22-5/10 6:30-7:25pm VIHEL

Ballroom West Coast Swing & Tango-Learn two of today's hottest dances. Enjoy the creativity, playfulness and freedom of the West Coast Swing and experience the beautiful and passionate Argentine tango. Register with a partner. Fee: \$27 per person.

DSAA-2B Adult M 3/22-5/10 8:30-9:25pm VIHEL

Belly Dance I-This beginning class introduces you to belly dance moves and music. Learn the exotic way to exercise and have fun with Samia. No class 3/31. Fee: \$28.

DBDA-1B 12yrs+ W 3/24-5/12 6:30-7:25pm VIHEL

Belly Dance II-This intermediate class focuses on more advanced movements and dances. Includes veil and floor work and new zil patterns. No class 3/31. Fee: \$28.

DBDA-2B 12yrs+ W 3/24-5/12 7:30-8:25pm VIHEL

Belly Dance III-Advanced performing class. Work on polishing and perfecting your performance skills while adding moves and dancing to Middle Eastern music. No class 3/31. Fee: \$28.

DBDA-3B 12yrs+ W 3/24-5/12 8:30-9:25pm VIHEL

Dance-Wedding Survival 101-A crash course for brides and grooms, as well as members of the wedding party. Learn to move to slow and fast music. Bring your CD of your special song for practice. Register with a partner. Fee: \$20 per person.

*DWSA-1B Adult W 4/7-4/28 8-8:50pm NSA

*Register by 4/1/04.

Guitar-Beginning-Get to know, tune and care for your guitar. This class will teach you basic scales, chords and strumming. You will play songs while learning about different types of music. Students must provide own guitars (acoustic or electric without amps). Fee: \$35.

MGYA-1B 14yrs+ T 3/23-5/11 6-7:25pm VIHEL

MGYA-2B 14yrs+ T 3/23-5/11 7:30-8:55pm VIHEL

Guitar-Intermediate-Pre-requisite: Beginning Guitar. For those who love to play guitar and have knowledge of basic chords. In this class you will learn more bar chords, performance styles and songs. Students must provide own guitars. Fee: \$35.

MGYA-3B 14yrs+ M 3/22-5/10 6-7:25pm NSA

Latin Dance-Experience Latin dancing! Come learn various Latin dances such as the Cha-Cha, Rhumba, Mambo, Samba, Meringue and Salsa. Register with a partner. Fee: \$27 per person.

DLAA-1B Adult M 3/22-5/10 7:30-8:25pm VIHEL

Line Dance Beginning-This is a perfect class for the beginner who would like to learn at a slower pace. Focus is on form, technique and terminology. Partner not required. Fee: \$26.

DLDA-1B Adult Th 3/25-5/13 5:30-6:25pm VIHEL

Line Dance Easy Intermediate-A great class to learn patterns and rhythm for Social or Line Dance. Partner not required. Fee: \$26.

DLDA-2B Adult Th 3/25-5/13 6:30-7:25pm VIHEL

Line Dance Intermediate/Advanced-Pre-requisite: Line Dance Beginning. For those who love to dance and have previous experience, this class presents continued learning and challenges. Partner not required. Fee: \$32.

DLDA-3B Adult Th 3/25-5/13 7:30-8:55pm VIHEL

Swing I-Learn to dance the latest moves to a variety of rhythms. Whether you call it Jive, Jitterbug, Lindy, East Coast or West Coast, come have a swinging good time.

(Tennis shoes or athletic shoes only, no black-soled or street shoes.) Register with a partner. Fee: \$26 per person.

DSWA-1B Adult Th 3/25-5/13 7:30-8:25pm PAC



Swing-Intermediate-An extended session for experienced dancers. (Must also be registered for Swing I-DSWA-1A). Register with partner. Fee: \$8 per person.

DSWA-2B Adult Th 3/25-5/13 8:30-8:50pm PAC

Tribal Fusion Dance-A low-impact aerobic dance combining old style, ethnic belly dance, modern cabaret belly dance and Rom (gypsy), ballet and yoga. Fee: \$32.

DMFA-1B Adult Th 3/25-5/13 7-8:25pm VIHEL

Beginning Tap-A beginning class to learn basic tap steps and work on a new dance routine. Lots of fun and good exercise! Fee: \$26.

DTAA-1B Adult T 3/23-5/11 6-6:50pm PAC

Intermediate/Advanced Tap-Pre-requisite: Beginning Tap. Continue with basic tap to improve technique and learn a more challenging dance routine. Fee: \$26.

DTAA-2B Adult T 3/23-5/11 7-7:50pm PAC

General Interest

Active Parenting Today-This six week video based discussion class will discuss topics such as rewards and punishment, instilling courage and self-esteem, behavior, developing responsibility and cooperation. 6 weeks: 3/30-5/4. Fee: \$15(Payable to the instructor on the first night of class for the book.)

ZPRT-1B 18yrs+ T 6-7:30pm ESCA

Baby Signs Workshop 480-350-5201-Parents, prevent frustration and tantrums from your child by teaching them to communicate through sign language. Increase your child's vocabulary and learning potential. This workshop is designed for parents of infants, toddlers and parents to be. A \$8 supply fee is due to the instructor at the beginning of class for a Baby Signs Board Book plus a songbook and handouts. (Parent workshop, only adults may attend.) Fee: \$26.

KBSN-1B 18yrs+ Sa 4/10 9-11:30am KRC

KBSN-2B 18yrs+ Th 4/22 6-8:30pm KRC

KBSN-3B 18yrs+ Sa 5/8 9-11:30am KRC



Activities for Adults

General Interest



Coupon Sense 480-350-5201-Do you spend too much on groceries? In this workshop you will be taught how to save up to 50% on your grocery bill. You'll learn the best time to use your coupons, tips for greater savings, how to get organized and an easy to use filing system that allows you to clip only the coupons you plan to use. Couponing is not a nickel and dime savings - come learn how grocery shopping can be both fun and addicting! Fee: \$15.

KCS1-1B 18yrs+ W 4/14 7-8:30pm KRC
KCS1-2B 18yrs+ Sa 5/1 10:30-12pm KRC

Beginning Digital Photography-Do you need three megapixels or five? What image size and compression settings should you use? If you are not getting the best results from your recently purchased digital equipment, this class is for you. Learn how your camera works and how you can make it work to improve your picture taking skills. Students are encouraged to bring their cameras to class for show and tell and discussion of basic set up and use. Also covered will be how to get your photos in the computer and basic image enhancement. Course will encourage student participation and discussion. Fee: \$28

Chess Beginning-Learn to play this centuries-old game of strategy with Alan Anderson of Checkmate Chess Instruction. This 10-week interactive class will give you the skills you need to play and enjoy the game of chess. Each class session will have 30 minutes of interactive discussion followed by an hour of training and/or structured play. All materials are provided and students will receive their own copy of Chess Rules for Students. This is a great opportunity to learn the game and meet future chess partners. Fee: \$66.

GCHS-1B Adult Th 3/25-5/27 10:30-Noon PAC

Dinner and a Movie- A new-release DVD movie, a good meal and a great time, guaranteed! Fee: \$5 per person. Registration Required! Childcare available for kids ages 3 and up. (\$2 per child)

ZDMV-1B 18yrs+ F 3/26 6pm Ladies Night ESCA

Dogs: Dog Training Level 1-Socialized obedience for pet owners who don't want to be dog trainers, but want control of their dog. Training leash (6') and slip collar required, no prong collars permitted. Slip collar available at class for \$3. Dogs must be at least 5 months old and have had all shots and license. Proof required of both vaccinations and licensing at first class. Fee: \$40.

GDTA-1B 18yrs+ W 3/24-5/12 6:30-7:30pm HOL
GDTA-2B 18yrs+ Sa 3/27-5/15 10-11am HOL

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Dogs: Save-A-Pet-Taught by local veterinarians, class covers areas such as first aid for pet injuries or poisoning and CPR. A "must" for all pet owners. Tips on pet care and health also included, as well as "hands-on" CPR with the Resuscidog. Informative booklet included. Fee: \$8.
GVAA-1B 18yrs+ Tu 4/27 6:30-8:30pm UNIV

French Language and Culture-A beginner's class for those who would like to learn about the country of France and the French language. Learn common phrases, vocabulary and pronunciation as you explore the cities, food, art, music and more of this interesting country. Fee: \$31.
GFRN-1B Adult M 3/29-5/17 6-7:15pm KRC

French Language and Culture Level 2-A continuation for those who have taken level 1. Fee: \$31.
GFRN-2B Adult M 3/29-5/17 7:30-8:45pm KRC

Homebuyer Education & Learning Program (H.E.L.P.)-If you are interested in buying your own home but feel you may not qualify, H.E.L.P. will prove to be an exciting informative program to answer your home buying questions. Receive guidance on budgeting for home purchase, shopping for a realtor, negotiating offers, shopping for a home loan, the closing process and home maintenance tips. Fee: None.
GHEA-1B 18yrs+ W 4/21&4/28 6-9:30pm PDS

Latest Investment Scams 480-350-5201-Don't get scammed out of your hard-earned money! Learn the "red flags" of a fraudulent investment and 16 questions that can turn off a swindler. Handouts provided by the Arizona Corporation Commission's Securities Division. Bring a pen and paper for notes. Fee: \$5.
KSWN-1B 18yrs+ W 5/12 7-8pm KRC

Russian Language and Culture-A beginner's class for those who would like to learn about the country of Russia and the Russian language. Learn common phrases, vocabulary and pronunciation as you explore the cities, food, art and music of this fascinating country. Fee: \$31
GRUS-1B Adult M 3/29-5/17 6:15-7:45pm KRC

Spanish Level 1-Learn basic Spanish using common phrases and vocabulary for greetings, numbers, days, months, color, food and weather. Fee: \$31.
GSPA-1B 18yrs+ M 3/29-5/17 6-7:15pm PAC
GSPA-2B 18yrs+ M 3/29-5/17 7:30-8:45pm PAC

Spanish Level 2-Build on the skills you learned in the Level 1 class. Students need to have completed a beginning level Spanish course. Fee: \$31.
GSPA-3B 18yrs+ W 3/31-5/19 6-7:15pm KRC

Spanish Conversation-Practice the skills you have learned in level 1 & 2. This class will be an informal discussion group led by Spanish instructor, Nancy Lewis. The prerequisite for this class is at least one session of level two Spanish, or instructor approval. Fee: \$31.
GSPA-4B 18yrs+ W 3/31-5/19 7:30-8:45pm KRC

Beginning Sign Language-480-350-5201-Learn to communicate using American Sign Language. This class will cover the alphabet and phrases using handouts, games and activities. \$5 supply fee due to instructor on first day of class. No class on 3/31. Fee: \$34.
KSIGN-1B 18yrs+ W 3/24-5/19 5:30-6:30pm KRC

Starting A Home Based Business-Explore the opportunities available to you in working from home using your computer. You will examine 30 businesses you can be successful at from home. Learn how to price your services so you make money, low-cost marketing strategies, how to balance your business and your home life and more! Janet Drez, president of A Perfect Solution, Home-Based Business Council Chairwoman and national speaker has been helping people make the successful transition from employee to entrepreneur for 14 years. Fee: \$20.
GHCA-1B 18yrs+ Sa 4/24 Noon-4pm PAC

Health, Exercise, & Sports Classes

Adult Fitness-Get a jump start on the swimsuit season. Meet new people and feel great while working out in our fitness center. 8 weeks: 3/24-5/12. Fee: None.
ZAFT-1B 18yrs+ W 11am-12pm ESCA

Aerobics, Cardio-Mix 480-350-5200-Put some fun in your workout with this great new cardio class! This class will feature something different each week and will include high-low aerobics, kick aerobics and boot camp stations. Purchase a 4 (\$16), 6 (\$24), or 8 (\$32) visit punch card pass and attend any day. Pass also includes visits to our water fitness classes at KRC, see page 36 for schedule. Passes must be purchased at Kiwanis. *Child enrichment program provided for children ages 12 months to 5 years on M/W. Drop-ins welcome!
GECM-1B 16yrs+ M/W 3/22-5/24 8:45-9:45am KRC
Sa 3/27-5/29 8:30-9:30am KRC

Aerobics, Low Impact-Reduce impact stress on injury-prone areas of the body while maintaining or improving cardiovascular conditioning. Low-impact does not mean low intensity, nor is this a non-impact class in which neither foot ever leaves the floor. Students must provide own small rug or mat.
EALM-1B 16yrs+ T/Th 3/23-5/27 5:35-6:25pm \$45 PAC



Aerobics, Body Sculpt-A combination of simple exercises with hand held weights and stretching techniques designed to tone, mold and shape. Each participant must provide their own small rug or mat and hand held weights.
EBSM-1B 16yrs+ M/W 3/22-5/26 6-6:50pm \$45 PAC
EBSM-2B 16yrs+ T/Th 3/23-5/27 6:30-7:20pm \$45 PAC

Aerobics, Step-A high energy low-impact cross training program which includes step work weight training and abdominal exercises. Prior step experience is helpful.
EASM-1B 16yrs+ T/Th 3/23-5/27 6-6:50pm \$45 PAC

Aerobics, Total Body Conditioning-It's not just cardio-conditioning and it's not just muscle toning; it's both. Class focuses on concentrated complete fitness work.
ETBM-1B 16yrs+ M/W 3/22-5/26 5:35-6:25pm \$45 PAC

Activities for Adults

Health, Exercise, & Sports Classes

Weight Management Through Hypnosis-Get slim and healthy! Hypnosis is a safe and gentle way to learn to control and modify your eating behavior. While enjoying the deep relaxation of Hypnosis, you will be given gentle suggestions that will help you begin to eat less, eat healthier and feel better about yourself. Wear sweats and bring a pillow to class.

GWMH-1B 18yrs+ M 3/22-4/26 7-8:30pm \$75 PAC
GWMH-2B 18yrs+ M 5/3-6/14 7-8:30pm \$75 PAC

Fore! Golf Instruction-At the end of the class, participants will have learned the fundamentals of golf including grip, stance, chip shots, full swings, rules, etiquette, putting and use of the driving range. All equipment will be provided. Fee: \$40.

EFOA-3B 18yrs+ T 4/20-5/11 4-5pm KMGC
EFOA-4B 18yrs+ W 4/21-5/12 4-5pm KMGC

In-Line Skate Classes-From the complete beginner to those who would like to enhance their skills, take the fear out of and be "in control"; let Sk8Bright instructors show you how to get the most out of your skating. Lesson sequence designed to develop participant skills from beginner to advanced. Although you may enter at any level, we highly recommend all novice or untrained skaters enter at beginning level 1. Skates and protective gear will be provided, or you may bring your own. Bring a water bottle and wear comfortable weather appropriate clothing.
In-Line Skate Dance-Learn the latest dance moves for some great Hip Hop skating. You'll be surprised how easy it is to put combinations together to make your very own dance routine.

GISK-6A 15yrs+ Su 3/7-3/21 1:30-2:30pm \$54 KRC

In-Line Skate Advanced Level 5- "It's all about stopping!" Heel Stop-2, Lunge Stops, Edge Stops and backward Power Slides.

GISK-7A 15yrs+ Su 3/21 & 3/28 10-11:30am \$54 KRC

In-Line Skate Advanced Level 5- "It's all about Turns!" Slalom, Lunge turns, back and front Crossovers, Edge-Three turns, Mohawk and Two-Foot Transitions.

GISK-8A 15yrs+ Su 4/18-5/2 8-9am \$54 KRC

Judo-An Olympic sport, Judo is a form of grappling, throwing and self defense. Techniques are indicative to many styles of Jujitsu. Traditional martial arts for beginning and intermediate students. Sweats recommended. *No class 7/3 & 7/5 Fee: Adult-\$40; Youth-\$20.

EJUM-1B 13yrs+ M 4/19-7/12 7-8:30pm LIB
EJUM-2B 13yrs+ Sa 4/24-7/17 10-11:30am CRC

Karate 480-350-5201-Increase flexibility and strength, relieve stress and have fun! Learn the self-defense art of Hawaii Kenpo from Hall of Fame Instructor Jack Wimbish. Uniform, belt and school patch available first day of class for \$35 (required). New student orientation at 5:30pm on first day of class. This is an on-going program with room for belt rank advancement (there are belt-testing fees). Fee: \$50.

KKAR1-2B 12yrs+ T/Th 4/1-4/29 6-7:30pm KRC
KKAR2-2B 12yrs+ T/Th 5/4-5/27 6-7:30pm KRC

Karate-Traditional martial arts class for beginning and intermediate students. Wear comfortable clothing, sweats are recommended. *No class 7/3 Fee: Adult \$40; Youth \$20.

EKAM-1B 13yrs+ Sa 4/24-7/17 11:35-1pm CRC

Kick Aerobics-This class blends the cardio training and toning of traditional aerobics with the added spice of kickboxing techniques and routines. 8 weeks: 3/23-5/13. Fee: \$16.

ZKIK-1B 16yrs+ T 5:30-6:30pm ESCA
ZKIK-2B 16yrs+ Th 5:30-6:30pm ESCA

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Martial Arts of the Peaceful Warrior-This system of self-defense is based on the principles of jujitsu, karate, aikido and street defensive techniques. Emphasizes the importance of non-violence. Family participation is encouraged. Fee: Adult - \$31; Youth - \$18.

EKAM-3B 6yrs+ Sa 3/27-5/15 1-2:20pm PAC
EKAM-4B 6yrs+ Sa 3/27-5/15 2:25-3:50pm PAC

Martial Arts, Advanced-You must have completed at least one session of Martial Arts of the Peaceful Warrior and have permission of the instructor. Fee: Adult \$31; Youth: \$18.

EKAM-5B 8yrs+ Th 3/25-5/13 7-8pm LIB

Martial Arts, Self Defense -For Women Only-Learn how to protect yourself using attitude awareness and ability to develop practical ways to reduce your vulnerability to crimes such as rape and assault. Course material addresses real life dangers females may encounter. Fee: \$32.

EKAM-6B 16yrs+ W 3/24-5/12 6:30-8pm LIB

Meditation, Introduction-Is your work or home life stressing you out? Learn meditative techniques taught around the world that you can use at home or in the office to reduce stress. Fee: \$32.

GMED-1B 16yrs+ W 3/24-5/26 5:30-6:30pm CRC

Meditation, Zen-This is a structured classical Zen meditation session using kōan study and meditative techniques. Traditional and modern methods are taught in this class. Fee: \$32.

GMED-2B 16yrs+ W 3/24-5/26 8-9pm CRC

Pilates/Mat Science with Desiree Lewis 480-350-5201-Increase strength, flexibility and balance of the entire body. The exercises are derived from yoga, dance and sports rehab conditioning. The focus is on mindful movement and core stabilization. All fitness levels are welcome. (Drop in fee: \$9.50 per class.)

KPLT-1B 16yrs+ T 3/23-5/11 9-10am KRC \$55
KPLT-2B 16yrs+ W 3/24-5/12* 6:15-7:15pm KRC \$48
KPLT-3B 16yrs+ T 5/18-6/8 9-10am KRC \$28
KPLT-4B 16yrs+ W 5/19-6/9 6:15-7:15pm KRC \$28

*No class on 3/31/04

Stretch & Tone with Desiree Lewis **New!**
480-350-5201-Tight Hamstrings? Stiff Lower Back? Join us for a one hour stretch and tone class. This class will improve your flexibility and will create long lean muscles. Open to all skill levels. Fee: \$55.

KSAT-1B 18yrs+ M 3/22-5/10 4:30-5:30pm KRC

T'ai Chi Level 1-Internal system to increase self-awareness, self-confidence and balance. Slow meditative movements teach internal focus and reduce stress levels. Fee: \$40.

ETCA-1B 18yrs+ M 3/22-5/24 6:30-8:00pm KRC
ETCA-2B 18yrs+ M 3/22-5/24 8:05-9:35pm KRC

T'ai Chi Level 2-For participants with previous T'ai Chi experience. You will continue to build on what you learned in level one and will begin swords. Fee: \$40.

ETCA-3B 18yrs+ Th 3/25-5/27 5:30-7 PM CRC

T'ai Chi Level 3-For participants who have completed level 2. Fee: \$40.

ETCA-4B 18yrs+ Th 3/25-5/27 6:30-8 PM CRC

Walking Club-Join the walk club and discover the beauty of our neighborhood parks. Take your first step to a healthier lifestyle. 8 weeks: 3/24-5/12. Fee: None.

ZWLK-1B 18yrs+ W 8:30-10am ESCA

Yoga-Chi Kung, Chinese Yoga-Combines gentle movement, meditation and breath regulation to enhance body's energy flow. Cultivates inner strength, calms the mind and restores the body's natural state of health. Practiced at any age regardless of physical ability. Gentler exercise than T'ai Chi, but equally powerful benefits. Fee: Adult - \$30.

ECGM-2B 16yrs+ W 3/24-5/26 6:45-7:45pm CRC

Hatha Yoga with Desiree Lewis 480-350-5201 - This eclectic yoga class takes you through a series of static postures that will increase your strength, flexibility and balance. The smooth transitions of this class allow you to detach and move inside yourself for a truly meditative experience. Desiree offers variations and modifications of the postures to allow students of all levels to work at their ability. (Drop in fee: \$9.50 per class.)

KYOG-3B 16yrs+ T 3/23-5/11 10-11am \$55 KRC
KYOG-4B 16yrs+ T 5/18-6/8 10-11am \$28 KRC

Activities for Adults

Health, Exercise, & Sports Classes



Yoga Introduction-This class will help you get started. Learn what equipment you need and what you can use from around the house rather than making costly purchases. You will learn a basic warm-up routine, basic beginning level sun salutation and a new Asana (posture) each class session. Fee: \$30.

EYOM-1B 16yrs+ M 3/22-5/24 5:30-6:30pm KRC

Yoga Level 1-Ancient science bringing mind and body together. Students and instructors work towards their goal through systematic exercising and conditioning of the physical body. You will become more flexible, more toned, with increased concentration and coordination. *No class 4/11.

EYOM-2B 16yrs+ M 3/22-5/24 5:00-6:25pm \$40 KRC
 EYOM-3B 16yrs+ M 3/22-5/24 6:30-7:55pm \$40 KRC
 EYOM-4B 16yrs+ T 3/23-5/25 5:30-6:55pm \$40 KRC
 EYOM-5B 16yrs+ W 3/24-5/26 10:30-Noon \$40 PAC
 EYOM-6B 16yrs+ W 3/24-5/26 5:30-7:00pm \$40 WCC
 EYOM-7B 16yrs+ Th 3/25-5/27 7:00-8:30pm \$40 ESCA

EYOM-9B 16yrs+ F 3/26-5/28 10:30-Noon \$40 KRC

The following classes are presented in the interest of good health by the Doctor's Speakers Bureau. Guest Speaker: Dr. Joshua Bock, D.C.

5 Secrets to Permanent Weight Loss 480-350-5201-Have you ever struggled to lose weight? Learn how to become healthier and reach your body's full potential naturally without pills, lotions or potions. Fee: \$5.
 KDSB-4B 18yrs+ T 5/4 7-9pm KRC

Balancing Hormones Naturally: Healthy Solutions to PMS and Menopause 480-350-5201-Get a complete understanding of the symptoms that occur during PMS and menopause but also their solutions via diet, vitamins, exercise and stress reduction. Fee: \$5.
 KDSB-1B 18yrs+ T 3/23 7-9pm KRC

Fibromyalgia 480-350-5201-Come and discover the various causes of this baffling disease. Learn techniques that help improve function and reduce pain naturally through nutrition without medication. Fee: \$5.
 KDSB-3B 18yrs+ T 4/20 7-9pm KRC

Pressure Points 480-350-5201-Find your body's trigger points and how to release them in order to improve your health and quality of life. Attending with a partner is recommended. Fee: \$5.
 KDSB-2B 18yrs+ T 4/6 7-9pm KRC

Activity Dates: Classes begin the week of March 22 unless otherwise noted within class description.
Holiday: March 31; **Make up:** May 17-22. See page 2 for Code of Location Abbreviations.

Yoga Level 1 & 2-Combined level classes

EYOM-10B 16yrs+ T 3/23-5/25 12-1:30pm \$40 HAT
 EYOM-11B 16yrs+ Th 3/25-5/27 12-1:30pm \$40 HAT
 EYOM-12B 16yrs+ F 3/26-5/28 5:30-7:00pm \$40 CRC

Yoga Level 2-Students must have completed a level 1 class. *No class 4/11

EYOM-13B 16yrs+ T 3/23-5/25 7:00-8:30pm \$40 CRC

EYOM-18B 16yrs+ M 3/22-5/24 7-8:30pm \$40 PAC

Yoga Level 2&3-For those who wish to deepen their yoga practice. Advanced poses will be taught, with variations for all skill levels. Some experience helpful but not necessary.

EYOM-15B 16yrs+ T 3/23-5/25 7:25-8:55pm PAC

Yoga for Partners Workshop-Register with a friend, brother, sister, or office buddy. Partner yoga is perfect for anyone who is interested in increasing fitness, releasing tension and having a good time. Bring your partner and your own sticky mat. Fee: \$12

EYOM-16B 16yrs+ Sa 4/3 Noon-2pm LIB
 EYOM-17B 16yrs+ Sa 4/10 Noon-2pm LIB

Yoga/Pilates Combo with Desiree Lewis 480-350-5201-Integrate movements from both Hatha Yoga and Pilates to increase mind and body wellness. (Drop in fee: \$9.50 per class.)

KYPC-1B 16yrs+ W* 3/24-5/12 5-6pm \$48 KRC
 KYPC-2B 16yrs+ Th 3/25-5/13 9-10am \$55 KRC
 KYPC-3B 16yrs+ W 5/19-6/9 5-6pm \$28 KRC
 KYPC-4B 16yrs+ Th 5/20-6/10 9-10am \$28 KRC

*No class on 3/31.

Yoga for Parent and Child with Desiree Lewis 480-350-5201-This joyful class will take you through a series of yoga postures that will improve your strength, flexibility and balance. Children are welcome to participate in all or part of the class (half of our space is designated for the class and the other half for quiet play). One child per adult. (Drop in fee: \$9.50 per class). Fee: Adult plus one child.

KYOG-1B 1-4yrs Th 3/25-5/13 10-11am \$55 KRC
 KYOG-2B 1-4yrs Th 5/20-6/10 10-11am \$28 KRC

Personal Health & Wellness

The Simplicity of Body Cleansing 480-350-5201 - To maintain true health and balance, the body must have a clean environment. We will teach you the importance and simple concepts of cleansing. Also, you will learn why you want to strengthen your body and gently feed it foods to assist the natural cleansing process. A great way to live vibrantly. Fee: \$10.

KSBC-1B 18yrs+ W 4/28 7-8:30pm KRC

Chakras 480-350-5201-The Chakras are a "wheel" comprised of seven energy centers that correspond to major areas of our lives, such as understanding, perceptions, communication, love, power and survival. Learn how our own internal "floppy discs" store our own programming about how to live and function in life. Fee: \$27.

KCHK-1B 18yrs+ Th 4/15 5-7pm KRC

Chinese Philosophy of Health 480-350-5201 - It is well known that the Chinese lived long and healthy lives by applying simple, natural principles. We will teach the basics of yin and yang. You will also learn one of the most critical aspects of the Chinese philosophy of health: the five elements. Discover how to look at outward signs such as energy throughout the day, behavior patterns, outside appearances and more, to see which systems are strong or weak. Fee: \$15.

KCPH-1B 18yrs+ M 4/26 7-8:30pm KRC

Environmental Awareness: Personal Care and Household Products 480-350-5201-Many are unaware of the highly toxic, dangerous and harmful products that we use every day. We will show a tape of news clips from around the country that exposes the personal care product industry. Eliminate the chemical toxins that you use on and near your body and home. You will understand the effects on your health and the environment. Replace dangerous products with environmentally safe, superior and effective products. Fee: \$10.

KAWA-1B 18yrs+ W 4/7 7-8:30pm KRC

Healthy Desserts Galore-480-350-5201 - Come learn the basics of preparing desserts that your taste buds will enjoy without compromising your health. All these desserts will be fresh and full of life. Be ready to enjoy tasty sweet treats. A fun way for the family to enjoy food with healthy ingredients. Fee: \$10.

KYUM-1B 18yrs+ M 3/22 7-8:30pm KRC

C.P.R. (Cardio-Pulmonary Resuscitation) 480-350-5201

AMERICAN HEART ASSOCIATION CLASSES:

CPR Heartsaver plus AED-This course is intended for the general public. This American Heart Association (AHA) course teaches the basic techniques of infant, child and adult CPR, the use of an Automated External Defibrillator (AED), barrier devices and choking. The course teaches how to recognize the signs of four major emergencies: heart attack, stroke, cardiac arrest and foreign-body airway obstruction. It also teaches ways to prevent many childhood emergencies. Each participant will receive a pediatric and adult/AED AHA manual, a quick reference AED/CPR wallet card, a pocket mask for CPR and one KRC wave pool pass. Participation cards will be issued at the successful completion of the course. Many public places (such as airports, golf courses, schools and gyms) have AED access for those trained to use them. Fee: \$45.

KCPR-1B 12yrs+ W 4/7 10-2pm KRC
 KCPR-2B 12yrs+ W 4/28 10-2pm KRC
 KCPR-3B 12yrs+ M 5/3 5-9pm KRC

Health Care Provider-This American Heart Association BLS Healthcare Provider course is designed to meet the needs of healthcare professionals. The course includes adult and pediatric CPR, mouth to mask techniques, bag valve mask use, foreign-body airway obstruction and two-rescuer CPR. This course also contains information on barrier devices, stroke and AED use. Each participant will receive an AHA Healthcare Provider class textbook, a wallet Emergency Action Card, a pocket face shield for CPR use and one wave pool pass. Participation cards will be issued upon successful completion of the course. Fee: \$53.

KCPR-4B 16yrs+ M 3/22 4-10pm KRC
 KCPR-5B 16yrs+ W 3/24 10-3pm KRC
 KCPR-6B 16yrs+ F 4/2 10-3pm KRC
 KCPR-7B 16yrs+ W 4/21 10-3pm KRC

AMERICAN RED CROSS CLASSES:

Community CPR and First Aid 480-350-5201-Participants learn how to use the Emergency Medical Service (EMS). Training includes care for breathing and cardiac emergencies for adults, children and infants, how to care for sudden illnesses and injuries, burns; controlling bleeding and an introduction to AED use. CPR certification is valid for 1 year; First Aid is valid for 3 years. Fee: \$40.

KFA-1B 12yrs+ Sa 3/27 8:30am-5:30pm KRC
 KFA-2B 12yrs+ Sa 5/8 8:30am-5:30pm KRC

Standard First Aid 480-350-5201-Participants learn how to use the Emergency Medical Service (EMS) and how to care for sudden illnesses, injuries and burns. Training includes controlling bleeding, bandaging and splinting. First Aid certification is valid for 3 years. Fee: \$26.
 KFA-3B 12yrs+ Sa 3/27 1:30-4:30pm KRC
 KFA-4B 12yrs+ Sa 5/8 1:30-4:30pm KRC

Activities for Adults

Personal Health & Wellness

Learn to Live-480-350-5201-Learn how to alleviate stress and relax through meditation! Look at nutrition and exercise with the key of simple moderation. Make a new daily schedule with time for meditation for the soul, study for the mind, good nutrition and moderate exercise for the physical body. \$5 workbook fee due to instructor at beginning of class. Wear comfortable clothing. Fee: \$35.
KBAL-1B 18yrs+ Sa 5/1 9am-12pm KRC

Reiki-Basic Reiki-480-350-5201-Learn about this ancient Tibetan healing system that uses light hand placements to channel healing energies to your body to relieve emotional distress and acute physical pain. Fee: \$34.
KREK-1B 18yrs+ Th 4/15 7-9pm KRC

Reiki I Certification-480-350-5201-Master this ancient healing system that will teach you about healing yourself and others. This workshop will certify you as a First Degree Reiki practitioner. (Prerequisite: Basic Reiki). Fee: \$110.
KREK-2B 18yrs+ F 4/16 4-7pm KRC

Reiki II Certification-480-350-5201-Continue your Reiki practice and skills to become certified as a Second Degree Reiki Practitioner. (Prerequisite: Basic Reiki, First Degree Certification). Fee: \$160.
KREK-3B 18+ Sa 4/17 8-11am KRC

Reiki III Master/Teacher-480-350-5201-Are you ready to make the commitment to become a Reiki Master/Teacher? Level III is the study and practice of passing Reiki attunements on to others. This class will integrate the teachings of the prior levels of Reiki. (Prerequisite: Reiki I and Reiki II, must bring certificates.). Fee: \$310.
KREK-4B 18+ Sa 4/17 12-4pm KRC

Skin Care 101 480-350-5201 - Are you confused with which cleanser & moisturizers to use for your skin? This class will simplify everything for you. We will go over the basics of how your skin functions, the importance of PH and test several products in the market. You will be guided on the simple routine of cleansing, balancing and nourishing the skin. Also, you will have the opportunity to apply the best products for a facial like you have never experienced. Fee: \$10.
KSKN-1B 18yrs+ T 4/13 7-8:30pm KRC



A Guide to Vegetarian and Vegan Living 480-350-5201 - What is all this craze about vegetarian & vegan? Learn what living this lifestyle means, the benefits and how to make the easy transition for you and your family. We will go over some great resources to help inspire you to take the leap and also a guideline of how to do this. Come to begin a new way of eating that has so many positive impacts on your health and the planet. Fee: \$10.
KGTV-1B 18yrs+ W 5/5 7-8:30pm KRC

Activity Dates: Classes begin the week of March 22 unless otherwise noted within class description.
Holiday: March 31; **Make up:** May 17-22. See page 2 for Code of Location Abbreviations.

Wellness Revolution: A home based business in the Wellness Field 480-350-5201 - The wellness industry will soon surpass the internet & disease care industry combined. Learn why wellness is so important and how to be in the right business at the right time. Vibrant health is something that everyone can enjoy and that so many are seeking. We will go over concepts of networking, choosing the right company to partner with and how to begin your journey. Fee: \$10.
KWRB-1B 18yrs+ T 4/6 5:15-6:45pm KRC

Activities at the Tempe Historical Museum-480-350-5100

Historical Society's "Lunch with a Legend"-March 20 at the Vihe Center for the Arts, 11am. Enjoy lunch with many of Tempe's leaders, past and present, and auctions of interesting and unusual memorabilia. All proceeds benefit the Tempe Historical Museum. \$25 per person; includes casual lunch. Call 480-350-5100 for more information.

3rd Thirstday Night Café
Tempe Historical Museum
FREE ADMISSION

The museum is presenting a series of free monthly programs that run through May. The exhibit hall will be open to the public from 6:30 to 8:30pm on the third Thursday of each month. The program will take place at 7pm.

Th, 2/19, 7pm: Kyle Longley, Ph.D., "In the Eagle's Shadow: The United States and Latin America"

This program examines the important themes in the relationship between the U.S. and Latin America, with attention to issues of trade, immigration, drugs and politics. (Arizona Humanities Council)

Th, 3/18, 7pm: Did you know that Tempe had its very own "beach?"

Find out more about the eighty-year history of Tempe Beach Park.

Th, 4/15, 7pm: Warren Miller, "One Hundred Years of Cowboy Poetry"

Drawing on the Victorian pastime of oral recitation, working cowboys developed a lively folk tradition of creating and reciting narrative poetry. This talk is illustrated with traditional and contemporary recitations and songs. Warren Miller founded and directs the annual "Arizona Cowboy Poets Gathering" in Prescott. (Arizona Humanities Council)

Tempe Historical Society's Speakers' Program
Tempe Historical Museum Classroom 480-350-5100

Bring your lunch and hear interesting speakers. There is no admission charge for these programs.

Wed, 3/10, 11:30am: Allen Dutton, "Arizona, Then & Now"

Allen Dutton, photographer and author, using illustrations from his book, will describe and show pictures of the changing face of Arizona in this century.

Wed., 4/14, 11:30am: John Moeur, "Recollections of Old Tempe"

John Moeur, Tempe native and long-time resident of Tempe, will describe life in pre-World War II Tempe.

Rock Art Tour on Hayden Butte

Th, 3/18, 10-11:30am

Learn about hundreds of petroglyphs on Hayden Butte. Meet at the trail head behind the Tempe Police and Courts building, on the north side of Fifth Street, just east of Mill Avenue. Wear comfortable shoes and bring water and binoculars. The hike is easy. Free.

It's Your Business @ the Library

To register for a business class, call 480-350-5511. For more information call Rolf Brown at 480-350-5563. Fee: None.



Demystifying Real Estate for the New Home Buyer-Speakers from a real estate agency, a title company and a loan office will talk about what the first time buyer needs to do to purchase a home. Costs, time frame, credit history and many other details will be covered.

T	3/16	6pm	CAC
T	4/20	6pm	TLC
T	5/18	6pm	GATES

Financial Planning 101-We all know the secrets of financial success: spend less than you earn; stay out of debt; and build for the future. Learn about the tools for success: debt management, capital accumulation, mutual funds, tax advantaged investments and strategies to help you move ahead to achieve your potential wealth.

T	3/23	7pm	CAC
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Human Relations Blunders to Avoid-One of the most complex issues facing a new or expanding business is hiring, compensating and benefiting employees. The business owner also faces a confusing array of paperwork. This seminar highlights areas where employers often make mistakes or neglect key forms. Nadine Cummings, a human resources professional, will discuss these and other issues related to staffing a new business.

T	3/30	7pm	CAC
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529s-Financial industry professionals will present the ins and outs of these vehicles for saving for your child's education. It is never too soon to start a savings program for one of the largest expenses that most parents will face.

Th	4/1	7pm	Library Conf. Rm
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Retirement Planning and IRAs-Learn about your savings personality and calculate how much you need to save now to meet your retirement goals. This class explores different sources of retirement income and different types of employer-sponsored retirement plans. Look at IRAs to determine whether they are right for you. Then, put all of this together to get a good idea of what you want to accomplish and how to attain that goal.

T	4/13	7pm	CAC
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What are My Options?-This often-talked about but little understood investment tool will be explained. Jeff Culter, a financial industry professional and talk radio show host discusses the benefits and risks involved in trading options and some of the strategies that use them.

Th	4/15	7pm	TLC
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Activities for Adults

It's Your Business @ the Library

Setting Goals for a Balanced Life-Motivational speaker James Murphy presents a seminar on goal-setting - creating goals, measuring results, prioritizing and finding the self-discipline to sustain your commitment. The speaker is an experienced coach and motivational trainer who works with some of the biggest names in the field.

T 4/27 7pm CAC

401K Rollovers-A financial industry professional explains how these savings instruments work and the legal and tax implications of using them. Do you have a retirement savings plan independent of your employee pension? If not, consider attending this free program.

Th 5/6 7pm Library Conf. Rm

Life Insurance 101-Buying life insurance can be confusing. However, building a plan to fit your needs can be done with the right blueprint. This introductory workshop will give you a basic understanding of life insurance. The main purpose of life insurance is to protect your dependants in the event of your death. Properly invested, the benefit from a life insurance policy can provide a steady stream of income to your family. It can also provide liquid capital to pay off estate taxes and other obligations. We will explore these and other issues involved with the purchase of life insurance.

T 5/18 7pm TLC

How to Invest with Limited Funds-You can participate in the financial markets with limited funds. Investment professional Jeff Cutler, who hosts a radio show about financial issues, explains how to buy stock directly from a company to avoid brokerage fees, how to find mutual funds with low initial investment levels and other ways to invest with limited funds.

Th 5/20 7pm TLC

Computer Instruction @ the Library

To register for a computer class, call 480-350-5511. For more information, call Rolf Brown at 480-350-5563. Fee: None.



Basic Computer and Internet Skills-Learn the basic skills needed to use a computer and access the Internet. This class introduces computers, how they work and how to use them. No prior knowledge is required; people who complete this class should be ready to take some of our other beginning classes. These free workshops are offered on Wednesday evenings at 7pm in Tempe Public Library's Gates Computer Lab while ASU classes are in session. REGISTRATION REQUIRED as space is limited. Call 480-350-5511 to register.

W	2/18	7pm	GATES
W	2/25	7pm	GATES
W	3/3	7pm	GATES
W	3/10	7pm	GATES
W	3/24	7pm	GATES
W	4/7	7pm	GATES
W	4/14	7pm	GATES
W	4/21	7pm	GATES
W	4/28	7pm	GATES

Activity Dates: Classes begin the week of March 22 unless otherwise noted within class description.
Holiday: March 31; **Make up:** May 17-22. See page 2 for Code of Location Abbreviations.

Introduction to the Web-This class, intended for Internet beginners, covers the components of a Web address, Web browsers, search engines, Internet service providers and e-mail basics. Participants will have hands-on practice in using a search engine to surf the Web and will also search the Library's Web-based online catalog. Prerequisite: Some experience in using a computer mouse. REGISTRATION REQUIRED as space is limited. Call 480-350-5511 to register.

W	3/3	9am	GATES
M	3/22	7pm	GATES
M	4/5	7pm	GATES
W	4/14	9am	GATES
M	4/19	7pm	GATES
M	5/10	7pm	GATES
W	5/19	9am	GATES

Intermediate Internet Topics-This class is for people who have some experience in using the Internet. Learn about the different file formats found on the Web, security issues, working offline on e-mail, downloading files and special search engine features. Participants are encouraged to bring their Internet questions to the class. Prerequisite: Previous experience in using the Internet and e-mail. REGISTRATION REQUIRED as space is limited. Call (480) 350-5511 to register.

W	2/18	9am	GATES
M	3/1	7pm	GATES
W	3/10	9am	GATES
W	4/7	9am	GATES
M	4/12	7pm	GATES

Ancestors: Genealogy on the Web-Learn how to access the enormous amount of genealogical information now available on the Internet. Tips on how to make your searches more thorough and effective will also be provided. REGISTRATION REQUIRED as space is limited. Call 480-350-5511 to register.

M	3/29	7pm	GATES
W	4/21	9am	GATES

Introduction to Online Auctions-Getting lost on Ebay? This class will show you how to find an item, how to bid on that item and various ways to pay for items on online auctions, such as Ebay, Epier or Yahoo. The instructor explains common auction terms and typical site features. REGISTRATION REQUIRED as space is limited. Call 480-350-5511 to register.

M	5/3	7pm	GATES
W	5/12	9am	GATES

Introduction to MS Word-This class is an introduction to Microsoft Word for people who have limited word processing experience. The tool bar and how to format a document will be covered. Students should be familiar with the computer mouse. REGISTRATION REQUIRED as space is limited. Call 480-350-5511 to register.

W	2/25	9am	GATES
M	3/15	7pm	GATES
W	3/24	9am	GATES
M	4/26	7pm	GATES
W	4/28	9am	GATES

Focus On: Microsoft Office-Come to this free-form lab to get help using Microsoft Word, Excel, Access and Power Point. Workshops are offered on Wednesday evenings at 7pm in Tempe Public Library's Computer Access Center Lab while ASU classes are in session. Call 480-350-5511 to confirm your place.

W	2/18	7pm	CAC
W	2/25	7pm	CAC
W	3/3	7pm	CAC
W	3/10	7pm	CAC
W	3/24	7pm	CAC
W	4/7	7pm	CAC
W	4/14	7pm	CAC
W	4/21	7pm	CAC
W	4/28	7pm	CAC

Focus On: Job Hunting-Come to this free-form lab to get help using online classifieds, Internet job search sites and email. Résumé assistance offered. Call 480-350-5511 to confirm your place.

Sa	2/21	9am	CAC
Sa	3/6	9am	CAC
Sa	3/20	9am	CAC
Sa	4/TBA	9am	CAC
Sa	4/TBA	9am	CAC

Computer Instruction at Escalante Community Center



Beginning Computers-If you've never used a computer before, this LEVEL 1, introductory class is for you! Learn basic computer skills, a little word processing and lots of information! 5 weeks: 3/23-4/20. Fee: \$10.

ZBCM-1B 18yrs+ T 10-11am ESCA

Working with Word-If you'd like to learn the basics of word processing, you can learn how to create a fantastic flyer, work with columns, tables, labels and more in this LEVEL 2 class. 5 weeks: 3/24-4/21. Fee: \$10.

ZWOR-1B 18yrs+ W 10-11am ESCA

Excel Basics-Learn the basics of working with a spreadsheet, create lists and formulas, save, retrieve and edit spreadsheets using MS Excel in this LEVEL 3 class. 5 weeks: 3/25-4/22. Fee: \$10.

ZXLB-1B 18yrs+ Th 10-11am ESCA

Cultural Programs @ the Library 480-350-5511

First Thursdays: the Changing Face of Arizona 480-350-5511-Join us for a series of lectures and discussion about Arizona as it was then and as it is now. Speakers are from ASU's Faculty Ambassadors Program, which also provided speakers for last fall's very successful Research Revolution series. For more information call Adrienne Bengston at 480-350-5566.

Th	4/1	7pm	TLC
Th	5/6	7pm	TLC
Th	6/3	7pm	TLC

Activities for Adults

Book Discussion Groups 480-350-5511

Bilingual Reading and Discussion Series-Come explore the complex and colorful weave of Hispanic/American literature. This series uses literature in both English and Spanish to establish a common ground for dispelling stereotypes through discussion. Choose to read in either English or Spanish. Dr. David Foster, Regents' Professor of Spanish, Women's Studies and Interdisciplinary Humanities at ASU, leads the discussions at 7pm in the Library Conference Room. Call Librarian Adrienne Bengtson at 480-350-5566 to reserve your book and to reserve your place in this FREE program series. Must specify English or Spanish edition of books when registering.

This program is made possible by Human Pursuits, of Salt Lake City, Utah, with funding from the National Endowment for the Humanities.

- 3/1 *Bless Me, Ultima / Bendíceme, Última*
Rudolfo A. Anaya
4/12 *Dulce compañía / The Angel of Galilea*
Laura Restrepo
5/10 *Hija de la fortuna / Daughter of Fortune*
Isabel Allende

Book Discussion: Agents of Change-Join other interested adult readers on the second Thursday of each month in a lively book discussion. Members of the group provide their own copies of the books. The group meets at 7pm in the Library's second floor Conference Room.

- 3/11 *Reading Lolita in Tehran* Azar Nafisi
4/8 *Life of Pi* Yann Martel
5/13 *The Botany of Desire* Michael Pollan

Activity Dates: Classes begin the week of March 22 unless otherwise noted within class description.
Holiday: March 31; **Make up:** May 17-22. See page 2 for Code of Location Abbreviations.

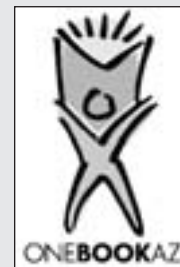
Great Books-Have you been promising yourself that you'd get around to reading some really good literature and want a chance to share the experience? The Great Books group meets on selected Tuesdays at 7pm in the Youth Services Meeting Room. Volunteers Kathy and Don Dietz serve as discussion leaders. Participants provide their own copies of the works to be discussed; contact Librarian Adrienne Bengtson 480-350-5508 for information on how to order your own copies.

- 2/24 *Thinks . . .* David Lodge
3/9 *Thinks . . .* David Lodge
3/23 *Frankenstein* Mary Shelley
4/13 *Amongst Women* John McGrahern
4/27 *Amongst Women* John McGrahern
5/11 *Death of A Salesman* Arthur Miller
5/25 *Poetry Night* (Members bring poems)

Mystery Lovers Club-Are you an avid mystery reader? If so, you are invited to meet with other fans once a month to discuss favorite mystery books or authors. The group meets in the Tempe Learning Center Classroom at the Library one Saturday each month from 10am to noon. Participants are required to provide their own copies of the books to be discussed. Responsibility for leading the discussion rotates around the group. For further information, call Kim Garza, Collection Management Librarian, at 480-350-5557, weekdays.

- 2/21 *The Analyst* John Katzenbach
3/13 *Crime Brulee* Nancy Fairbanks
4/17 *Round Robin Discussion*
(Bring a favorite book to discuss.)
5/15 "Crime Wave at Blandings"
(in Wodehouse on Crime) P.G. Wodehouse

One Book Arizona-What if everyone in Arizona read the same book at the same time? You can be part of the statewide One Book Arizona celebration right here at Tempe Public Library; this year's book is *Life of Pi*, by Yann Martel.



Book Discussion - Join our regular Thursday evening book discussion group for stimulating conversation about *Life of Pi*.
Th 4/8 7pm Library
Conference Room

Pi, the Animals and Richard Parker - Join Mike Foley from the Phoenix Zoo, who will speak about how a zebra, an orangutan, a hyena and the teenage son of a zookeeper might interact with a 450-pound Royal Bengal tiger in real life. This One Book Arizona program is sponsored jointly by the Friends of the Tempe Public Library and the Phoenix Zoo.

S 4/18 3pm LIBR



Sports Activities for Adults

Sport	Fall	Winter	Spring	Summer
Softball	X		X	X
Basketball (Women's)	X			
Basketball (Men's)		X		X
Baseball			X	
Co-Rec Soccer	X		X	
Flag Football	X			
Volleyball	X	X	X	

Organizational meetings are a requirement for league participation and are held at the following facilities:

- ESC** Escalante Community Center, 2150 E. Orange Street
KRC Kiwanis Recreation Center, 6111 S. All-America Way
LIB Tempe Library Building Board Room, 3500 S. Rural Road
PYLE Pyle Adult Center, 655 E. Southern Avenue

ORGANIZATIONAL MEETING		
League	Location-Date-Time	Season
Men's Baseball	PAC - 2/17/04, 7 PM	Begins 4/4/04
Men's Basketball	PAC - 5/11/04, 7 PM	6/1/04 - 7/22/04
Women's Basketball	ECC - 7/20/04, 6:30 PM	9/13/04 - 11/10/04
Adult Co-Rec Soccer	PAC - 8/19/04, 7:30 PM	9/13/04 - 11/8/04
Adult Slo-Pitch Softball	PAC - 1/6/04 7:30 PM: Men & Women 8:15 PM: Co-Recreational	2/6/04 - 4/18/04
Volleyball	KRC - 2/26/04, 6:30PM	3/23/04 - 5/18/04

League fees will be announced at the organizational meeting. Visit us on the web at <http://www.tempe.gov/pkrec/sportspage/> or call 480-350-5200 for information or to add your name to a player pool list.

Adult Team Sports Leagues

480-350-5200

The City of Tempe Parks and Recreation offers a comprehensive adult sports league program. Please call for registration information.

McClintock High School Adult Fitness-The McClintock High School state of the art fitness center is available from 6-7:30am, M-F when school is in session. Equipment includes free weights, weight machines, stationary bikes, treadmills and other fitness opportunities. A fitness room supervisor will be on duty to assist, instruct and offer consultation. Locker room and shower facilities are not available. The program is offered as a partnership between the City of Tempe and the Tempe Union High School District and is free of charge. For additional information call 480-350-5218.

Adult Volleyball Clinic-Participants will learn the basics of volleyball. Rules, bumping, setting and spiking will all be included in this beginner's clinic. Clinics will be instructed by Ben Maxfield, boy's varsity volleyball coach at from Corona del Sol High School. Fee \$10.
KAVC-1B 18yrs+ Sa 4/10 10am-12pm KRC
KAVC-2B 18yrs+ Sa 5/22 10am-12pm KRC

Supervised Basketball Program-The Kiwanis Recreation Center offers men and women ages 16+ years a supervised drop-in basketball session. Two courts are available.

Call ahead to check gym availability at 480-350-5711. Program is on going. Fee: \$3.

NO CODE 16yrs+ Th 4-8pm KRC
Su 9-11:30am KRC

Drop-In Volleyball Program-The Kiwanis Recreation Center offers men and women ages 16+ years a supervised drop-in volleyball session. Two courts are available to all levels of play. Call ahead to check gym availability at 480-350-5711. Program is on going. Fee: \$3.
NO CODE 16yrs+ Su 1-4pm KRC

Dodgeball Tournament-Come out and enjoy a good old fashion dodge ball game. The rules are the same, the court is the same, the ball is rebuilt. This will be an adult double elimination tournament. Eight to ten players per team. Fee: \$30 per team, pre-registration is required. Call 480-350-5753 for registration information.
KDBT-1B 18yrs+ T&W 3/16-3/17 6-9pm KRC

Open Gym Volleyball-Bring your friends for a fun afternoon of bumping the ball around on our indoor climate controlled court. 8 weeks: 3/27-5/15. Fee: None.
16yrs+ Sa 2-4:30pm ESCA